Straumann® Soft Tissue Graft - 3D regenerative tissue
Surgical Guide
About the surgical guide

This surgical guide was created with the support of internationally renowned clinical experts to assist you in achieving the best possible and predictable results with Straumann® Soft Tissue Graft in the indications hereafter described. On the following pages, you will find detailed information on the application of Straumann® Soft Tissue Graft, with general handling tips and technical descriptions in order to handle specific clinical situations.

Each indication is described by a clinical case from an expert, demonstrating a recommended surgical procedure.

WHY DO WE NEED SOFT TISSUE REPLACEMENT GRAFTS?

Today, modern techniques of plastic-aesthetic periodontal surgery ensure a predictable regeneration of soft tissue deficiencies in the majority of cases. The use of free mucosal transplants and subepithelial connective tissue grafts, both commonly harvested from the palate, is still considered the gold standard. However, the availability of connective tissue at the donor site is limited, particularly in patients with a thin gingival biotype or if multiple recessions should be treated. Furthermore, connective tissue harvesting can be associated with significant disadvantages such as an increase in surgery time and patient morbidity as well as a higher risk for post-operative complications.

STRAUMANN® SOFT TISSUE GRAFT AS AN ALTERNATIVE TO AUTOLOGOUS SOFT TISSUE GRAFTS

To overcome the disadvantages associated with tissue harvesting, allogenic and xenogenic collagen-based materials have been developed in recent years. These may serve as an alternative to autologous grafts. One of these materials is the Straumann® Soft Tissue Graft matrix, an acellular collagen matrix, derived from porcine dermis that undergoes a multi-step purification process, which removes all antigenic components. This processing results in a threedimensional stable matrix, which consists of collagen and elastin with a natural collagen structure that resembles the human connective tissue. After implantation, this collagen network serves as a scaffold for the ingrowth of blood vessels and cells, thus supporting a fast revascularization and tissue integration. The simultaneous degradation of the matrix and the collagen production of adhering fibroblasts lead to a complete substitution of Straumann® Soft Tissue Graft by the newly formed host tissue.
Straumann® Soft Tissue Graft has a collagenous architecture beneficial for cell ingrowth

Surface and cross-sectional SEM as well as synchrotron analysis of Straumann® Soft Tissue Graft demonstrated a high interconnected porosity of the collagen matrix, making it an excellent scaffold for ingrowing cells and vessels. Attracted by the signals of activated migrating and proliferating endothelial cells, blood vessels from the surrounding tissue will grow into the matrix. At the same time, fibroblasts adhere and spread onto the matrix. While collagen is produced by the adhering cells, the matrix is gradually degraded and finally replaced by host tissue.

Histological examination after subcutaneous implantation in mice showed extensive ingrowth of vessels (immuno staining, endothelial marker) after 21 days.

2 weeks after subcutaneous implantation in rats (Mason Goldner staining). Good integration with invasion of cells and vessels.

SEM image of Straumann® Soft Tissue Graft (100 fold magnification).

Fibre structure of Straumann® Soft Tissue Graft shown by synchrotron analysis.
For a successful clinical outcome with Straumann® Soft Tissue Graft in the treatment of recessions, patients must be selected based on their Miller-class type (I-III) and their compliance with the postsurgical instructions.

Straumann® Soft Tissue Graft must not be used in patients with acute or chronic inflammation at the implantation site.

The size of the graft should be adapted to the specific situation. Cutting can be performed with scissors or a blade, preferably in a rehydrated state, while maintaining sterility.

Straumann® Soft Tissue Graft should always be applied after rehydration (in sterile saline, defect blood, or platelet concentrates). For further details please see page 5.

To prevent possible damage of the gingival tissue during flap closure, the edges of the matrix can be cut after a short rehydration period.

Since Straumann® Soft Tissue Graft is a multilayer matrix, its sides are comparable, i.e. no attention should be paid to the orientation of the graft.

For the augmentation of the attached gingiva, it is recommended to adapt Straumann® Soft Tissue Graft to the wound bed using moderate pressure. The time required depends on the extent of the bleeding.

Following application, Straumann® Soft Tissue Graft should always be stabilized to avoid micromovements and ensure undisturbed revitalization, e.g. ingrowth of vessels and cells. When preparing a split flap, Straumann® Soft Tissue Graft should be sutured to the intact periosteum to ensure close contact between the matrix and the periosteal wound bed. Single button or cross sutures may be used; the use of resorbable sutures is recommended.

During open healing, the supply and revascularization of the matrix must be guaranteed, e.g. through close contact with the underlying periosteum. Always avoid exposure of Straumann® Soft Tissue Graft when used in recession coverage or in combination with a bone grafting procedure.

After surgery, it is necessary to avoid any mechanical trauma of the treated site. Patients should be instructed not to brush in the treated area for 4 weeks following the surgery. Plaque prevention can be achieved by rinsing with 0.12% chlorhexidine solution twice a day.

Post-operatively, the patient should be recalled weekly for plaque control and healing evaluation.
GENERAL GUIDELINES FOR THE USE OF STRAUMANN® SOFT TISSUE GRAFT

Hydration time [min]

- 5
- 10
- 20
- 30
- 40
- 60

Hydration in blood

Hydration in NaCl

IMPORTANCE OF REVITALIZATION AND TISSUE INTEGRATION

Since Straumann® Soft Tissue Graft is an acellular matrix, it requires proper revitalization through blood vessels and cells, which grow in from the underlying or overlying soft tissue.

A complete flap reposition over the matrix is of utmost importance when the revascularization from underneath is not likely, e.g., when the Straumann® Soft Tissue Graft is placed on:
- denuded tooth root surfaces (recession coverage)
- grafting materials (soft tissue thickening in combination with GBR)
- in direct bone contact (e.g. thickening of perimplant tissue)

IN WHICH CLINICAL SITUATIONS IS AN OPEN HEALING POSSIBLE?

Straumann® Soft Tissue Graft should only be left for open healing, if a revitalization from the surrounding or underlying wound bed is ensured. Open healing is feasible in the case of a vestibuloplasty, if Straumann® Soft Tissue Graft is sutured to the periosteum. In this case Straumann® Soft Tissue Graft should be closely fixed to the periosteum. This facilitates an increase in the width of the attached gingiva but not in the thickening of the tissue. Open healing is also possible if only minor parts of the matrix are exposed and revascularization is ensured by the surrounding margins of the flap or by the underlying periosteum. Please note that the degradation time depends on the extent of the exposure and will be faster due to bacterial decontamination and resorption.

REHYDRATION OF STRAUMANN® SOFT TISSUE GRAFT

The rehydration protocol and its influence on the biomechanical properties of Straumann® Soft Tissue Graft were analyzed in a study of Prof. Dr. Adrian Kasaj:
- Straumann® Soft Tissue Graft demonstrated optimal mechanical properties after a rehydration time of 10 to max. 20 minutes
- rehydration in blood can improve the biomechanical properties of Straumann® Soft Tissue Graft
- the optimal rehydration time depends on the applied technique as well as individual preferences and is mentioned in each of the following cases
Indications for Straumann® Soft Tissue Graft

**STRAUMANN® SOFT TISSUE GRAFT FOR THE TREATMENT OF GINGIVAL RECESSIONS**

Recession coverage with the modified coronally advanced flap technique
Prof. Dr. Dr. Adrian Kasaj

Covering of multiple recessions with the modified coronally advanced tunnel (MCAT) technique
Dr. Raluca Cosgarea

Multiple recession root coverage with the modified coronally advanced tunnel (MCAT) technique
Dr. Raluca Cosgarea and Prof. Dr. Dr. Anton Sculean

**AUGMENTATION OF ATTACHED GINGIVA WITH STRAUMANN® SOFT TISSUE GRAFT**

Full arch reconstruction of insufficient vestibular depth and lack of keratinized tissues.
Dr. Bálint Mólner and Prof. Dr. Péter Windisch

**STRAUMANN® SOFT TISSUE GRAFT FOR THE THICKENING OF PERIIMPLANT SOFT TISSUE**

Mucosal thickening around bone level implants
Dr. Algirdas Puisys

This surgical guide provides clinically based information for the correct handling and application of Straumann® Soft Tissue Graft. Nevertheless, the proper handling according to the instruction for use as well as the choice of the application of Straumann® Soft Tissue Graft in each specific clinical situation lie within the responsibility of the clinician.

*Straumann® provides continuing education on Straumann® Soft Tissue Graft to ensure long-term success and predictable aesthetic outcome.*

Please refer to your local representative for courses and trainings on Straumann® Soft Tissue Graft.
STRAUMANN® SOFT TISSUE GRAFT FOR THE TREATMENT OF GINGIVAL RECESSIONS

GUIDELINES FOR THE APPLICATION OF STRAUMANN® SOFT TISSUE GRAFT IN GINGIVAL RECESSION COVERAGE

- Straumann® Soft Tissue Graft may be used to treat Miller-class I and II recession (single and multiple adjacent), as a successful alternative to autologous connective tissue transplants\(^\text{10,11}\).

- Although the application of Straumann® Soft Tissue Graft in the treatment of Miller-class III recessions has been reported with a positive outcome, results are typically less predictable compared to those obtained in Miller-class I and II recessions\(^\text{10}\). In principle, the predictability and success rate for the treatment of defects in the maxilla is higher as compared to that of mandibular defects.

- Straumann® Soft Tissue Graft can be used in combination with all mucogingival surgical techniques, including coronally advanced flap and tunnel techniques. Notably, the classical coronally advanced flap or the modified coronally advanced flap ensure a good view on the prepared donor bed and facilitate the coronal repositioning of the flap over the matrix.

- For recession coverage, Straumann® Soft Tissue Graft must always be completely covered by the flap in order to ensure revitalization of the graft. Post-operative exposure of Straumann® Soft Tissue Graft may cause premature resorption of the matrix and must therefore be avoided.

- Advanced flaps need to be sufficiently mobilized to avoid tension of the soft tissue. When applying Straumann® Soft Tissue Graft for recession coverage, special attention must be paid to achieve sufficient flap mobilization and tension-free closure.

- A proper vascular supply from the prepared flap\(^\text{12}\) is critical to achieve an appropriate revascularization of the Straumann® Soft Tissue Graft matrix. In particular, split flaps must be sufficiently thick to ensure revitalization of the matrix and the integration into the patient’s own connective tissue.

- If it is not possible to mobilize the flap appropriately and a submerged healing of Straumann® Soft Tissue Graft cannot be ensured, the application of an autologous graft should be preferred.

- A creeping substitution, i.e. a further improvement of the outcome up to 1 year post-operatively can often be observed.
Recession coverage using the modified coronally advanced flap technique

CLINICAL CASE BY
PROF. DR. DR. ADRIAN KASAJ, UNIVERSITY OF MAINZ, GERMANY

TIPS FOR USING STRAUMANN® SOFT TISSUE GRAFT TO TREAT RECESSION COVERAGE

• Rehydrate Straumann® Soft Tissue Graft in blood or sterile saline for about 10 minutes until its flexibility allows improved adaptation to the root surfaces.

• Immobilization of Straumann® Soft Tissue Graft by suturing to the periosteum helps to avoid micromovements and ensures undisturbed revitalization, e.g. ingrowth of vessels and cells.

• Flap mobility should allow tension-free repositioning of the flap over Straumann® Soft Tissue Graft and suturing (Check of the flap mobility: surgical papillae should rest passively on anatomical papillae).

• Pay attention to a complete coverage of the matrix.
POTENTIAL BENEFITS OF USING STRAUMANN® SOFT TISSUE GRAFT IN COMBINATION WITH STRAUMANN® EMDOGAIN® TO TREAT GINGIVAL RECESSIONS

Straumann® Soft Tissue Graft helps to maintain or increase gingival tissue thickness19, which may be of advantage in thin gingival biotype.

Adding Straumann® Emdogain® to a root coverage procedure with Straumann® Soft Tissue Graft
- improves the quality type of the attachment14,15
- stimulates angiogenesis16,17, which may improve revascularization and integration of the Straumann® Soft Tissue Graft collagen matrix
- improves the quantity of keratinized tissue18, which may be beneficial in case of less or no residual keratinized gingiva

Straumann® Soft Tissue Graft and Straumann® Emdogain® present a possible alternative to connective tissue graft for the treatment of multiple adjacent gingival recessions, when the modified coronally advanced tunnel technique is applied. These treatment modalities are associated with decreased patient chair time and decreased postoperative patient morbidity20.
Covering of multiple recessions with the modified coronally advanced tunnel (MCAT) technique

**CLINICAL CASE BY**
**DR. RALUCA COSGAREA, UNIVERSITY OF MARBURG**

- **Clinical situation before treatment; gingival recession at tooth 13 and 14**
- **Sulcular incision around both teeth with a microsurgical blade**
- **Preparation of a mucoperiosteal tunnel with tunneling knives by undermining the papillae**
- **Straumann® Soft Tissue Graft is rehydrated and cut to shape**

- **Straumann® Soft Tissue Graft is pulled into the tunnel by mattress sutures and fixed to the inner aspect of the flap**
- **Repositioning of the flap over the matrix and tooth roots and fixation with sling sutures**
- **Significant coverage of the roots and healthy gingiva 6 months after surgery**
- **Stable clinical situation 18 months postsurgery**

**TIPS FOR USING STRAUMANN® SOFT TISSUE GRAFT FOR MULTIPLE RECESSION COVERAGE WITH TUNNELING TECHNIQUES**

- The tunnel technique is a good option for covering of multiple recessions with Straumann® Soft Tissue Graft.
- For the tunnel technique, a rehydration of approx. 10 minutes is recommended. This ensures a sufficient flexibility of the graft.
- Cutting all muscle insertions and inserting collagen fibres helps to achieve a tension-free coronal movement of the flap.
- In case of multiple adjacent recessions, Straumann® Soft Tissue Graft can be pulled through the tunnel as described by Allen.
- The matrix is pulled in the tunnel by means of mattress sutures and fixed at the inner aspect of the tunnel flap.
- To avoid movements of the matrix, Straumann® Soft Tissue Graft can be fixed at the CEJ level of each treated tooth by means of sling sutures.
Clinical situation before surgery: multiple adjacent recessions

Using a microsurgical blade and tunneling knives, mucoperiosteal flaps were raised beyond the mucogingival junction at each involved tooth.

Rehydration of Straumann® Soft Tissue Graft for about 5 min in sterile saline or blood and adapting its shape according to the width of the recession defects.

All muscle insertions and collagen fibres were cut, achieving a tension free coronal movement of the flap. Straumann® Soft Tissue Graft is pulled into the tunnel by mattress sutures and fixed to the inner aspect of the flap.

Straumann® Soft Tissue Graft was fixed at the CEJ of each treated tooth by means of sling sutures. The tunnel flap was moved coronally and fixed by sling sutures, to cover completely the Straumann® Soft Tissue Graft matrix.

Stable clinical situation 24 months postsurgery.

CLINICAL CASE BY
DR. RALUCA COSGAREA, UNIVERSITY OF MARBURG AND PROF. ANTON SCULEAN, UNIVERSITY OF BERN.
AUGMENTATION OF ATTACHED GINGIVA WITH STRAUMANN® SOFT TISSUE GRAFT

Full arch reconstruction of insufficient vestibular depth and lack of keratinized tissues.

Application of Straumann® Soft Tissue Graft with an apically repositioned split thickness flap design.

CLINICAL CASE BY DR. BÁLINT MÓLNAR AND PROF. DR. PÉTER WINDISCH, UNIVERSITY OF BUDAPEST, HUNGARY

TIPS FOR USING STRAUMANN® SOFT TISSUE GRAFT TO AUGMENT THE ATTACHED GINGIVA

- A band of at least 1 mm of keratinized gingiva should be present to provide the biological information needed for regeneration of the grafted site.
- Prior to application, Straumann® Soft Tissue Graft should be rehydrated in sterile saline or blood for about 5 minutes.
- A close contact between Straumann® Soft Tissue Graft and the wound bed is required for the revitalization of the graft. Close adaptation may be achieved by pressing the matrix to the wound bed for several seconds.
- Deep periosteal sling sutures and superficial mattress or single interrupted sutures may be applied to immobilize the graft and achieve tight contact to the underlying periosteum.
- If possible, Straumann® Soft Tissue Graft should be sutured tension-free to the surrounding soft tissue. A sufficient depth of the vestibule is necessary for a tension-free suturing of the apical aspect of Straumann® Soft Tissue Graft.
- Straumann® Soft Tissue Graft can be left exposed for open healing without any wound dressing21,24,25 as described on page 5.
- A shrinkage of the augmented tissue might be observed even after several months. Long-term follow-up studies are currently being performed to quantify the degree of shrinkage and tissue stability for this particular indication.
- Straumann® Soft Tissue Graft may also be applied to correct scars and create fixed gingiva in case of lip or cheek frenulum section. Complete immobilization of Straumann® Soft Tissue Graft is of utmost importance in this indication.
STRAUMANN® SOFT TISSUE GRAFT FOR THE THICKENING OF PERIIMPLANT SOFT TISSUE

Mucosal thickening around bone level implants

CLINICAL CASE BY DR. ALGIŔDAS PUISYS, VILNIUS, LITHUANIA

TIPS FOR USING STRAUMANN® SOFT TISSUE GRAFT TO THICKEN THE PERIIMPLANT SOFT TISSUE

- Thickening of the mucosa can be performed prior to implantation or with simultaneous implant placement. In both cases a mucoperiosteal flap can be prepared and Straumann® Soft Tissue Graft can be placed with direct contact to the bone.
- Prior to application, Straumann® Soft Tissue Graft must be rehydrated in sterile saline or blood for ~10 min to ensure a sufficient flexibility of the graft.
- After rehydration, Straumann® Soft Tissue Graft can easily be perforated.
- Straumann® Soft Tissue Graft can be placed in direct contact with the bone.
- Straumann® Soft Tissue Graft should extend mesiodistally to the neighbouring teeth, buccally ~10 mm and linguually ~5 mm beyond the implant margin.
- Straumann® Soft Tissue Graft should be covered by the flap to ensure revitalization of the matrix. If only minor parts of the matrix are exposed, revascularization can occur from the surrounding margins of the flap.
Features and Benefits of Straumann® Soft Tissue Graft

- Straumann® Soft Tissue Graft is a three-dimensional collagen matrix that supports fast vascularization and soft tissue integration.
- Straumann® Soft Tissue Graft remodels completely into newly formed tissue within approx. 6 to 9 months, providing a valuable alternative to the patient’s own tissue in certain indications.
- High tensile strength allows Straumann® Soft Tissue Graft to be shaped and used for any surgical soft tissue techniques (incl. the tunnel technique).

**STRAUMANN® SOFT TISSUE GRAFT PROVIDES A SUITABLE ALTERNATIVE IN SPECIFIC INDICATIONS TO THE PATIENT’S OWN CONNECTIVE TISSUE.**

Further advantages of Straumann® Soft Tissue Graft are:
- reduced patient chair time
- reduced surgical and post-surgical bleeding
- no need for donor tissue harvesting (i.e., no donor site morbidity/pain, faster recovery from surgical intervention)
- good integration into surrounding tissue with respect to color and texture

Product Specifications

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Straumann® Soft Tissue Graft has a thickness between 1.2-1.7 mm
REFERENCES
