About the surgical guide

This surgical guide was created with the support of internationally renowned clinical experts to assist you in achieving the best possible and predictable results with mucoderm® in the indications hereafter described.

On the following pages, you will find detailed information on the application of mucoderm®, with general handling tips and technical descriptions in order to handle specific clinical situations.

Each indication is described by a clinical case from an expert, demonstrating a recommended surgical procedure.

Why do we need soft tissue replacement grafts?

Today, modern techniques of plastic-aesthetic periodontal surgery ensure a predictable regeneration of soft tissue deficiencies in the majority of cases. The use of free mucosal transplants and subepithelial connective tissue grafts, both commonly harvested from the palate, is still considered the gold standard. However, the availability of connective tissue at the donor site is limited, particularly in patients with a thin gingival biotype or if multiple recessions should be treated²,³. Furthermore, connective tissue harvesting can be associated with significant disadvantages such as an increase in surgery time and patient morbidity as well as a higher risk for post-operative complications²,³.

mucoderm® as an alternative to autologous soft tissue grafts

To overcome the disadvantages associated with tissue harvesting, allogenic and xenogenic collagen-based materials have been developed in recent years. These may serve as an alternative to autologous grafts. One of these materials is the mucoderm® matrix, an acellular collagen matrix, derived from porcine dermis that undergoes a multi-step purification process, which removes all antigenic components. This processing results in a three-dimensional stable matrix, which consists of collagen and elastin with a natural collagen structure that resembles the human connective tissue⁴. After implantation, this collagen network serves as a scaffold for the ingrowth of blood vessels and cells, thus supporting a fast revascularization and tissue integration⁵. The simultaneous degradation of the matrix and the collagen production of adhering fibroblasts lead to a complete substitution of mucoderm® by the newly formed host tissue⁶.

mucoderm® has a collagenous architecture beneficial for cell ingrowth

Surface and cross sectional SEM as well as synchrotron analysis of mucoderm® demonstrated a high interconnected porosity of the collagen matrix, making it an excellent scaffold for ingrowing cells and vessels²,³. Attracted by the signals of activated migrating and proliferating endothelial cells, blood vessels from the surrounding tissue will grow into the matrix. At the same time, fibroblasts adhere and spread onto the matrix. While collagen is produced by the adhering cells, the matrix is gradually degraded and finally replaced by host tissue⁶.

Histological examination after subcutaneous implantation in mice showed extensive ingrowth of vessels (immuno staining, endothelial marker) after 21 days⁶.

SEM image of mucoderm® (100 fold magnification).

2 weeks after subcutaneous implantation in rats (Mason-Goëtter staining), Good integration with invasion of cells and vessels.

Fibre structure of mucoderm® shown by synchrotron analysis.
For a successful clinical outcome with mucoderm® in the treatment of recessions, patients must be selected based on their Miller-class type (I-III) and their compliance with the post-surgical instructions.

- mucoderm® must not be used in patients with acute or chronic inflammation at the implantation site.

- The size of the graft should be adapted to the specific situation. Cutting can be performed with scissors or a blade, preferably in a rehydrated state, while maintaining sterility.

- mucoderm® should always be applied after rehydration (in sterile saline, defect blood, or platelet concentrates). For further details please see page 5.

- To prevent possible damage of the gingival tissue during flap closure, the edges of the matrix can be cut after a short rehydration period.

- Since mucoderm® is a multilayer matrix, its sides are comparable, i.e. no attention should be paid to the orientation of the graft.

- For the augmentation of the attached gingiva, it is recommended to adapt mucoderm® to the wound bed using moderate pressure. The time required depends on the extent of the bleeding.

- Following application, mucoderm® should always be stabilized to avoid micromovements and ensure undisturbed revitalization, e.g. ingrowth of vessels and cells.

- During open healing, the supply and revascularization of the matrix must be guaranteed, e.g. through close contact with the underlying peristeum. Always avoid exposure of mucoderm® when used in recession coverage or in combination with a bone grafting procedure.

- After surgery, it is necessary to avoid any mechanical trauma of the treated site. Patients should be instructed not to brush in the treated area for 4 weeks following the surgery. Plaque prevention can be achieved by rinsing with 0.12-0.2% chlorhexidine solution twice a day.

- Post-operatively, the patient should be recalled weekly for plaque control and healing evaluation.

### Importance of revitalization and tissue integration

Since mucoderm® is an acellular matrix, it requires proper revitalization through blood vessels and cells, which grow in from the underlying or overlying soft tissue.

A complete flap reposition over the matrix is of utmost importance when the revascularization from underneath is not likely, e.g., when the mucoderm® is placed on:

- denuded tooth root surfaces (recession coverage)
- grafting materials (soft tissue thickening in combination with GBR)
- in direct bone contact (e.g. thickening of periimplant tissue)

### In which clinical situations is an open healing possible?

mucoderm® should only be left for open healing, if a revitalization from the surrounding or underlying wound bed is ensured. Open healing is feasible in the case of a vestibuloplasty, if mucoderm® is sutured to the peristeum. In this case mucoderm® should be closely fixed to the peristeum. This facilitates an increase in the width of the attached gingiva but not in the thickening of the tissue. Open healing is also possible if only minor parts of the matrix are exposed and revascularization is ensured by the surrounding margins of the flap or by the underlying peristeum. Please note that the degradation time depends on the extent of the exposure and will be faster due to bacterial decontamination and resorption.

### Rehydration of mucoderm®

The rehydration protocol and its influence on the biomechanical properties of mucoderm® were analyzed in a study of Prof. Dr. Adrian Kasaj.

- mucoderm® demonstrated optimal mechanical properties after a rehydration time of 10 to max. 20 minutes
- rehydration in blood can improve the biomechanical properties of mucoderm®
- the optimal rehydration time depends on the applied technique as well as individual preferences and is mentioned in each of the following cases
mucoderm® for the treatment of gingival recessions

Guidelines for the application of mucoderm®
in gingival recession coverage

- mucoderm® may be used to treat Miller-class I and II recession (single and multiple adjacent), as a successful alternative to autologous connective tissue transplants10,11.

- Although the application of mucoderm® in the treatment of Miller-class III recessions has been reported with a positive outcome, results are typically less predictable compared to those obtained in Miller-class I and II recessions. In principle, the predictability and success rate for the treatment of defects in the maxilla is higher as compared to that of mandibular defects.

- mucoderm® can be used in combination with all mucogingival surgical techniques, including coronally advanced flap and tunnel techniques. Notably, the classical coronally advanced flap or the modified coronally advanced flap ensure a good view on the prepared donor bed and facilitate the coronal repositioning of the flap over the matrix.

- For recession coverage, mucoderm® must always be completely covered by the flap in order to ensure revitalization of the graft. Post-operative exposure of mucoderm® may cause premature resorption of the matrix and must therefore be avoided.

- Advanced flaps need to be sufficiently mobilized to avoid tension of the soft tissue. When applying mucoderm® for recession coverage, special attention must be paid to achieve sufficient flap mobilization and tension-free closure.

- A proper vascular supply from the prepared flap is critical to achieve an appropriate revascularization of the mucoderm® matrix. In particular, split flaps must be sufficiently thick to ensure revitalization of the matrix and the integration into the patient’s own connective tissue.

- A creeping substitution, i.e. a further improvement of the outcome up to 1 year post-operatively can often be observed.
Recession coverage with the modified coronally advanced flap technique

Clinical case by Prof. Dr. Dr. Adrian Kasaj, University of Mainz, Germany

Preparation of the exposed root surfaces by means of airscaler and conditioning with 24% EDTA for 2 minutes A split-full-split flap preparation is performed according to Zucchelli and De Sanctis (2000) mucoderm® is rehydrated for 10 minutes, trimmed, placed over the denuded root surfaces and sutured to periosteum with resorbable sutures.

Coronal repositioning of the flap over root surfaces and matrix, and fixation with sling sutures 3 months post-operative: Significant coverage of the root surfaces and increased tissue thickness Clinical situation 18 months post-operative

Tips for using mucoderm® to treat gingival recessions

• Rehydrate mucoderm® in blood or sterile saline for about 10 minutes until its flexibility allows improved adaptation to the root surfaces.
• Immobilization of mucoderm® by suturing to the periosteum helps to avoid micromovements and ensures undisturbed revitalization, e.g., ingrowth of vessels and cells.
• Flap mobility should allow tension-free repositioning of the flap over mucoderm® and suturing (Check of the flap mobility: surgical papillae should rest passively on anatomical papillae).
• Pay attention to a complete coverage of the matrix.

Recession coverage with the modified coronally advanced flap technique in combination with Straumann® Emdogain®

Clinical case by Prof. Dr. Dr. Adrian Kasaj, University of Mainz, Germany

Pre-operative clinical situation, gingival recessions at teeth 21, 22, 23

Flap preparation by oblique incisions in the interdental soft tissues according to the modified coronally advanced flap technique (Zucchelli & De Sanctis 2000)

Application of Straumann® Emdogain® on the clean and dry root surfaces

mucoderm® is placed over the denuded root surfaces and tightly sutured to the periosteum

Repositioning of the flap in coronal direction and fixation with sling sutures Clinical situation 9 months post-operative

Potential benefits of using mucoderm® in combination with Straumann® Emdogain® to treat gingival recessions

mucoderm® helps to maintain or increase gingival tissue thickness, which may be of advantage in thin gingival biotype

Adding Straumann® Emdogain® to a root coverage procedure with mucoderm®

• improves the quality type of the attachment,
• stimulates angiogenesis, which may improve revascularization and integration of the mucoderm® collagen matrix
• improves the quantity of keratinized tissue, which may be beneficial in case of less or no residual keratinized gingiva

mucoderm® and Straumann® Emdogain® present a possible alternative to connective tissue graft for the treatment of multiple adjacent gingival recessions, when the modified coronally advanced tunnel technique is applied. These treatment modalities are associated with decreased patient chair time and decreased post-operative patient morbidity.
Covering of multiple recessions with the modified coronally advanced tunnel (MCAT) technique

Clinical situation before treatment: gingival recession at tooth 13 and 14

Tips for using mucoderm to treat multiple recessions with tunneling techniques

- For the tunnel technique, a rehydration of about 10 minutes is recommended. This ensures a sufficient flexibility of the graft.
- Cutting all muscle insertions and inserting collagen fibres helps to achieve a tension-free coronal movement of the flap.
- In case of multiple adjacent recessions, mucoderm® can be pulled through the tunnel as described by Alan²¹.
- The matrix is pulled into the tunnel by means of mattress sutures and fixed at the inner aspect of the tunnel flap.
- To avoid movements of the matrix, mucoderm® can be fixed at the CEJ level of each treated tooth by means of sling sutures.

Clinical case by
Dr. Raluca Cosgarea, University of Marburg, Germany

and Prof. Dr. Dr. Anton Sculean, University of Bern, Switzerland

Stable clinical situation 18 months post-surgery

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Clinical situation before surgery: multiple adjacent recessions

Pre-operative measurement of the recession depths

Using a microsurgical blade and tunneling knives, mucoperiosteal flaps were raised beyond the mucogingival junction at each involved tooth

Rehydration of mucoderm® for about 5 min in sterile saline or blood and adapting its shape according to the width of the recession defects

Stable clinical situation at 24 months post-surgery

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Augmentation of attached gingiva with mucoderm®

Full arch reconstruction of insufficient vestibular depth and lack of keratinized tissues. Application of mucoderm® with an apically repositioned split thickness flap design.

Clinical case by Dr. Bálint Mőnár and Prof. Dr. Péter Windisch, University of Budapest, Hungary

- Insufficient keratinized mucosa and extremely shallow vestibulum on the edentulous maxilla following bilateral sinus floor elevation and horizontal GBR therapy of knife edge ridges.
- Apically repositioned flap by palatal incision along the maxilla. Split-thickness flap preparation with an intact periosteal layer over the augmented bone.
- Fixation of the buccal flap to the exposed periosteum deep in the vestibular fold.
- Fixation of mucoderm® with resorbable monofilament (Monolac) single and cross-typed sutures.
- Clinical situation 2 weeks post-op: Secondary healing continued over mucoderm® treated areas, remaining sutures were removed.
- Clinical situation 4 weeks post-op: Secondary healing completed.
- Clinical situation 6 months post-surgery: Excellent tissue maturation, favorable color and thickness of the newly formed soft tissue around the implants.
- Insufficient keratinized mucosa and extremely shallow vestibulum on the edentulous maxilla following bilateral sinus floor elevation and horizontal GBR therapy of knife edge ridges.

Tips for using mucoderm® to augment the attached gingiva

- A band of at least 1 mm of keratinized gingiva should be present to provide the biological information needed for regeneration of the grafted site.
- Prior to application, mucoderm® should be rehydrated in sterile saline or blood for about 5 minutes.
- A close contact between mucoderm® and the wound bed is required for the revitalization of the graft. Close adaptation may be achieved by pressing the matrix to the wound bed for several seconds.
- Deep periosteal sling sutures and superficial mattress or single interrupted sutures may be applied to immobilize the graft and achieve tight contact to the underlying periosteum.
- If possible, mucoderm® should be sutured tension-free to the surrounding soft tissue. A sufficient depth of the vestibule is necessary for a tension-free suturing of the apical aspect of mucoderm®.
- mucoderm® can be left exposed for open healing without any wound dressing as described on page 5.
- A shrinkage of the augmented tissue might be observed even after several months. Long-term follow-up studies are currently being performed to quantify the degree of shrinkage and tissue stability for this particular indication.
- mucoderm® may also be applied to correct scars and create fixed gingiva in case of lip or cheek frenulum section. Complete immobilization of mucoderm® is of utmost importance in this indication.

mucoderm® for the thickening of perimplant soft tissue

mucosal thickening around bone level implants

Clinical case by Dr. Algirdas Puisys, Vilnius, Lithuania

- Incision in the center of the edentulous ridge and reaping a full-thickness flap bucally and lingually.
- Bone preparation by Straumann® Bone Level implant placement.
- Implant insertion and contouring crestal bone with a straight handpiece.
- Wider healing abutment after 4 months.
- Smooth emergence profile visible after the removal of the healing abutment.
- Final restoration 5 months post-operatively.
- Stable clinical situation after 5 years.

Tips for using mucoderm® to thicken the perimplant soft tissue

- Thickening of the mucosa can be performed prior to implantation or with simultaneous implant placement. In both cases a mucoperiosteal flap can be prepared and mucoderm® can be placed with direct contact to the bone.
- Prior to application, mucoderm® must be rehydrated in sterile saline or blood for ~10 min to ensure a sufficient flexibility of the graft.
- After rehydration, mucoderm® can easily be perforated.
- mucoderm® can be placed in direct contact with the bone.
- mucoderm® should extend mesiodistally to the neighbouring teeth, bucally ~10 mm and lingually ~5 mm beyond the implant margin.
- mucoderm® should be covered by the flap to ensure revitalization of the matrix. If only minor parts of the matrix are exposed, revascularization can occur from the surrounding margins of the flap.
mucoderm® is a three-dimensional collagen matrix that supports fast vascularization and soft tissue integration. By using mucoderm®, surgeons have an alternative to the patient’s own tissue in certain indications.

- Its high tensile strength allows mucoderm® to be shaped and used for any surgical soft tissue techniques (including the tunnel technique).

Further advantages of mucoderm® are:

- Reduced patient chair time
- Reduced surgical and post-surgical bleeding
- No need for donor tissue harvesting (i.e., no donor site morbidity/band, faster recovery from surgical intervention)

Good integration into surrounding tissue with respect to color and texture, leading to reduced patient chair time. Mucoderm is a three-dimensional collagen matrix that supports fast vascularization and soft tissue integration. Further advantages of mucoderm® are:

- Mucoderm® remodels completely into newly formed tissue within approx. 6 to 9 months, providing a valuable scaffold for regenerative medicine.

**Features and Benefits of mucoderm®**

- Good integration into surrounding tissue with respect to color and texture
- Reduced patient chair time
- Reduced surgical and post-surgical bleeding
- No need for donor tissue harvesting (i.e., no donor site morbidity/band, faster recovery from surgical intervention)

**Product Specifications**

- mucoderm® has a thickness between 1.2-1.7 mm
- Art. No. | Dimension | Content
- BO-703040  | 30 x 40 mm | 1 x matrix
- BO-702030  | 20 x 30 mm | 1 x matrix
- BO-701520  | 15 x 20 mm | 1 x matrix

**References**

Innovation.

Regeneration.

Aesthetics.