This surgical guide was created with the support of internationally renowned clinical experts to assist you in achieving the best possible and predictable results with mucoderm® in the indications hereafter described.

On the following pages, you will find detailed information on the application of mucoderm®, with general handling tips and technical descriptions in order to handle specific clinical situations.

Each indication is described by a clinical case from an expert, demonstrating a recommended surgical procedure.

Why do we need soft tissue replacement grafts?

Today, modern techniques of plastic-aesthetic periodontal surgery ensure a predictable regeneration of soft tissue deficiencies in the majority of cases. The use of free mucosal transplants and subepithelial connective tissue grafts, both commonly harvested from the palate, is still considered the gold standard. However, the availability of connective tissue at the donor site is limited, particularly in patients with a thin gingival biotype or if multiple recessions should be treated1,2. Furthermore, connective tissue harvesting can be associated with significant disadvantages such as an increase in surgery time and patient morbidity as well as a higher risk for post-operative complications3,4.

To overcome the disadvantages associated with tissue harvesting, allogenic and xenogenic collagen-based materials have been developed in recent years. These may serve as an alternative to autologous grafts. One of these materials is the mucoderm® matrix, an acellular collagen matrix, derived from porcine dermis that undergoes a multi-step purification process, which removes all antigenic components. This processing results in a three-dimensional stable matrix, which consists of collagen and elastin with a natural collagen structure that resembles the human connective tissue5. After implantation, this collagen network serves as a scaffold for the ingrowth of blood vessels and cells, thus supporting a fast revascularization and tissue integration6. The simultaneous degradation of the matrix and the collagen production of adhering fibroblasts lead to a complete substitution of mucoderm® by the newly formed host tissue7.

mucoderm® has a collagenous architecture beneficial for cell ingrowth

Surface and cross sectional SEM as well as synchrotron analysis of mucoderm® demonstrated a high interconnected porosity of the collagen matrix, making it an excellent scaffold for ingrowing cells and vessels8,9. Attracted by the signals of activated migrating and proliferating endothelial cells, blood vessels from the surrounding tissue will grow into the matrix. At the same time, fibroblasts adhere and spread onto the matrix. While collagen is produced by the adhering cells, the matrix is gradually degraded and finally replaced by host tissue9.

mucoderm® as an alternative to autologous soft tissue grafts

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For a successful clinical outcome with mucoderm® in the treatment of recessions, patients must be selected based on their Miller-class type (I-III) and their compliance with the post-surgical instructions.

- mucoderm® must not be used in patients with acute or chronic inflammation at the implantation site.
- The size of the graft should be adapted to the specific situation. Cutting can be performed with scissors or a blade, preferably in a rehydrated state, while maintaining sterility.
- mucoderm® should always be applied after rehydration (in sterile saline, defect blood, or platelet concentrates). For further details please see page 5.
- To prevent possible damage of the gingival tissue during flap closure, the edges of the matrix can be cut after a short rehydration period.
- Since mucoderm® is a multilayer matrix, its sides are comparable, i.e. no attention should be paid to the orientation of the graft.
- For the augmentation of the attached gingiva, it is recommended to adapt mucoderm® to the wound bed using moderate pressure. The time required depends on the extent of the bleeding.
- Following application, mucoderm® should always be stabilized to avoid micromovements and ensure undisturbed revitalization, e.g. ingrowth of vessels and cells. When preparing a split flap, mucoderm® should be sutured to the intact periosteum to ensure close contact between the matrix and the periosteal wound bed. Single button or cross sutures may be used; the use of resorbable sutures is recommended.
- During open healing, the supply and revascularization of the matrix must be guaranteed, e.g. through close contact with the underlying periosteum. Always avoid exposure of mucoderm® when used in recession coverage or in combination with a bone grafting procedure.
- After surgery, it is necessary to avoid any mechanical trauma of the treated site. Patients should be instructed not to brush in the treated area for 4 weeks following the surgery. Plaque prevention can be achieved by rinsing with 0.12-0.2% chlorhexidine solution twice a day.
- Post-operatively, the patient should be recalled weekly for plaque control and healing evaluation.

Importance of revitalization and tissue integration
Since mucoderm® is an acellular matrix, it requires proper revitalization through blood vessels and cells, which grow in from the underlying or overlying soft tissue.

A complete flap reposition over the matrix is of utmost importance when the revascularization from underneath is not likely, e.g., when the mucoderm® is placed on:
- denuded tooth root surfaces (recession coverage)
- grafting materials (soft tissue thickening in combination with GBR)
- in direct bone contact (e.g. thickening of periimplant tissue)

In which clinical situations is an open healing possible?
mucoderm® should only be left for open healing, if a revitalization from the surrounding or underlying wound bed is ensured. Open healing is feasible in the case of a vestibuloplasty, if mucoderm® is sutured to the periosteum. In this case mucoderm® should be closely fixed to the periosteum. This facilitates an increase in the width of the attached gingiva but not in the thickening of the tissue. Open healing is also possible if only minor parts of the matrix are exposed and revascularization is ensured by the surrounding margins of the flap or by the underlying periosteum. Please note that the degradation time depends on the extent of the exposure and will be faster due to bacterial decontamination and resorption.

Rehydration of mucoderm®
The rehydration protocol and its influence on the biomechanical properties of mucoderm® were analyzed in a study of Prof. Dr. Dr. Adrian Kasaj.9
- mucoderm® demonstrated optimal mechanical properties after a rehydration time of 10 to max. 20 minutes
- rehydration in blood can improve the biomechanical properties of mucoderm®
- the optimal rehydration time depends on the applied technique as well as individual preferences and is mentioned in each of the following cases
mucoderm® guidelines for the treatment of gingival recessions

Guidelines for the application of mucoderm®
in gingival recession coverage

- mucoderm® may be used to treat Miller-class I and II recession (single and multiple adjacent), as a successful alternative to autologous connective tissue transplants10,11.

- Although the application of mucoderm® in the treatment of Miller-class III recessions has been reported with a positive outcome, results are typically less predictable compared to those obtained in Miller-class I and II recessions10. In principle, the predictability and success rate for the treatment of defects in the maxilla is higher as compared to that of mandibular defects.

- mucoderm® can be used in combination with all mucogingival surgical techniques, including coronally advanced flap and tunnel techniques. Notably, the classical coronally advanced flap or the modified coronally advanced flap ensure a good view on the prepared donor bed and facilitate the coronal repositioning of the flap over the matrix.

- For recession coverage, mucoderm® must always be completely covered by the flap in order to ensure revitalization of the graft. Post-operative exposure of mucoderm® may cause premature resorption of the matrix and must therefore be avoided.

- Advanced flaps need to be sufficiently mobilized to avoid tension of the soft tissue. When applying mucoderm® for recession coverage, special attention must be paid to achieve sufficient flap mobilization and tension-free closure.

- A proper vascular supply from the prepared flap12 is critical to achieve an appropriate revascularization of the mucoderm® matrix. In particular, split flaps must be sufficiently thick to ensure revitalization of the matrix and the integration into the patient’s own connective tissue.

- If it is not possible to mobilize the flap appropriately and a submerged healing of mucoderm® cannot be ensured, the application of an autologous graft should be preferred.

- A creeping substitution, i.e. a further improvement of the outcome up to 1 year post-operatively can often be observed.
Recession coverage with the modified coronally advanced flap technique

Clinical case by Prof. Dr. Dr. Adrian Kasaj, University of Mainz, Germany

Preparation of the exposed root surfaces by means of an air scaler and conditioning with 24% EDTA for 2 minutes

A split-fullsplit flap preparation is performed according to Zucchelli and De Sanctis (2000)

mucoderm® is rehydrated for 10 minutes, trimmed, placed over the denuded root surfaces and sutured to periosteum with resorbable sutures

Coronal repositioning of the flap over root surfaces and matrix, and fixation with sling sutures

Clinical situation 3 months post-operative: Significant coverage of the root surfaces and increased tissue thickness

Clinical situation 18 months post-operative

Tips for using mucoderm® to treat gingival recessions

- Rehydrate mucoderm® in blood or sterile saline for about 10 minutes until its flexibility allows improved adaptation to the root surfaces.
- Immobilization of mucoderm® by suturing to the periosteum helps to avoid micromovements and ensures undisturbed revitalization, e.g., ingrowth of vessels and cells.
- Flap mobility should allow tension-free repositioning of the flap over mucoderm® and suturing (Check of the flap mobility: surgical papillae should rest passively on anatomical papillae).
- Pay attention to a complete coverage of the matrix.

Recession coverage with the modified coronally advanced flap technique in combination with Straumann® Emdogain®

Clinical case by Prof. Dr. Dr. Adrian Kasaj, University of Mainz, Germany

Pre-operative clinical situation, gingival recessions at teeth 21, 22, 23

Flap preparation by oblique incisions in the interdental soft tissues according to the modified coronally advanced flap technique (Zucchelli & De Sanctis 2000)

Application of Straumann® Emdogain® on the clean and dry root surfaces

mucoderm® is rehydrated for 10 minutes, trimmed, placed over the denuded root surfaces and sutured to periosteum with resorbable sutures

Clinical situation 9 months post-operative

Repositioning of the flap in coronal direction and fixation with sling sutures

Clinical situation 3 months post-operative

Potential benefits of using mucoderm® in combination with Straumann® Emdogain® to treat gingival recessions

mucoderm® helps to maintain or increase gingival tissue thickness19, which may be of advantage in thin gingival biotype

Adding Straumann® Emdogain® to a root coverage procedure with mucoderm®
- improves the quality type of the attachment10,11
- stimulates angiogenesis10,11, which may improve revascularization and integration of the mucoderm® collagen matrix
- improves the quantity of keratinized tissue16, which may be beneficial in case of less or no residual keratinized gingiva

mucoderm® and Straumann® Emdogain® present a possible alternative to connective tissue graft for the treatment of multiple adjacent gingival recessions, when the modified coronally advanced tunnel technique is applied. These treatment modalities are associated with decreased patient chair time and decreased post-operative patient morbidity19.
Clinical situation before surgery: multiple adjacent recessions

Using a microsurgical blade and tunneling knives, mucoperiosteal flaps were raised beyond the mucogingival junction at each involved tooth.

Rehydration of mucoderm® for about 5 min in sterile saline or blood and adapting its shape according to the width of the recession defects.

mucoderm® was fixed at the CEJ of each treated tooth by means of sling sutures. The tunnel flap was moved coronally and fixed by sling sutures, to cover completely the mucoderm® matrix.

Stable clinical situation at 24 months post-surgery.

Covering of multiple recessions with the modified coronally advanced tunnel (MCAT) technique

Clinical case by
Dr. Raluca Cosgarea, University of Marburg, Germany

Tips for using mucoderm to treat multiple recessions with tunneling techniques

- For the tunnel technique, a rehydration of about 10 minutes is recommended. This ensures a sufficient flexibility of the graft.
- Cutting all muscle insertions and inserting collagen fibres helps to achieve a tension-free coronal movement of the flap.
- In case of multiple adjacent recessions, mucoderm® can be pulled through the tunnel as described by Allen.
- The matrix is pulled in the tunnel by means of mattress sutures and fixed at the inner aspect of the tunnel flap.
- To avoid movements of the matrix, mucoderm® can be fixed at the CEJ level of each treated tooth by means of sling sutures.
Augmentation of attached gingiva with mucoderm®

Full arch reconstruction of insufficient vestibular depth and lack of keratinized tissues. Application of mucoderm® with an apically repositioned split thickness flap design.

Clinical case by Dr. Bálint Molnár and Prof. Dr. Péter Windisch, University of Budapest, Hungary

Tips for using mucoderm® to augment the attached gingiva

- A band of at least 1 mm of keratinized gingiva should be present to provide the biological information needed for regeneration of the grafted site.
- Prior to application, mucoderm® should be rehydrated in sterile saline or blood for about 5 minutes.
- A close contact between mucoderm® and the wound bed is required for the revitalization of the graft. Close adaptation may be achieved by pressing the matrix to the wound bed for several seconds.
- Deep periosteal sling sutures and superficial mattress or single interrupted sutures may be applied to immobilize the graft and achieve tight contact to the underlying periosteum.
- If possible, mucoderm® should be sutured tension-free to the surrounding soft tissue. A sufficient depth of the vestibule is necessary for a tension-free suturing of the apical aspect of mucoderm®.
- mucoderm® can be left exposed for open healing without any wound dressing23,24, 25 as described on page 5.
- A shrinkage of the augmented tissue might be observed even after several months. Long-term follow-up studies are currently being performed to quantify the degree of shrinkage and tissue stability for this particular indication.
- mucoderm® may also be applied to correct scars and create fixed gingiva in case of lip or cheek frenulum section. Complete immobilization of mucoderm® is of utmost importance in this indication.

Clinical situation 1 week post-surgery: Secondary epithelization and newly formed capillary vessels detectable

Clinical situation 4 weeks post-surgery: Secondary healing completed

Clinical situation 6 months post-surgery: Excellent tissue maturation, favourable color and thickness of the newly formed soft tissue around the implants

mucoderm® for the thickening of perimplant soft tissue

mucosal thickening around bone level implants

Clinical case by Dr. Algirdas Puisys, Vilnius, Lithuania26

Tips for using mucoderm® to thicken the perimplant soft tissue

- Thickening of the mucosa can be performed prior to implantation or with simultaneous implant placement. In both cases a mucoperiosteal flap can be prepared and mucoderm® can be placed with direct contact to the bone.
- Prior to application, mucoderm® must be rehydrated in sterile saline or blood for ~10 min to ensure a sufficient flexibility of the graft.
- After rehydration, mucoderm® can easily be perforated.
- mucoderm® can be placed in direct contact with the bone.
- mucoderm® should extend mesiodistally to the neighbouring teeth, bucally ~10 mm and lingually ~5 mm beyond the implant margin.
- mucoderm® should be covered by the flap to ensure revitalization of the matrix. If only minor parts of the matrix are exposed, revascularization can occur from the surrounding margins of the flap.
- mucoderm® is a three-dimensional collagen matrix that supports fast vascularization and soft tissue integration.
- mucoderm® remolds completely into newly formed tissue within approx. 6 to 9 months, providing a valuable alternative to the patient's own tissue in certain indications.
- Its high tensile strength allows mucoderm® to be shaped and used for any surgical soft tissue techniques (including the tunnel technique).

mucoderm® provides a suitable alternative in specific indications to the patient's own connective tissue. Further advantages of mucoderm® are:
- reduced patient chair time
- reduced surgical and post-surgical bleeding
- no need for donor tissue harvesting (i.e., no donor site morbidity/pain, faster recovery from surgical intervention)
- good integration into surrounding tissue with respect to color and texture.

### Features and Benefits of mucoderm®

- good integration into surrounding tissue with respect to color and texture
- reduced surgical and post-surgical bleeding
- no need for donor tissue harvesting (i.e., no donor site morbidity/pain, faster recovery from surgical intervention)

### Further advantages of mucoderm®

- 20 × 30 mm 1 × matrix
- 15 × 20 mm 1 × matrix

### Art.-No. Dimension Content

- mucoderm® has a thickness between 1.2-1.7 mm

### References


Innovation.
Regeneration.
Aesthetics.